



**MyTime**

supporting parents of  
children with disabilities

# Does your child have a disability?

Make time for you at MyTime.

Find real support from friends  
who understand at MyTime.

Share your experiences with  
others who 'get it', learn about  
services and support available to  
you, and gain access to trusted  
and reliable information.

Take time for you, and while you  
relax, your pre-school aged child  
is engaged in play with a trained  
professional.

**Best of all, it's free.**

Learn more and find groups in your area at  
**[www.mytime.net.au](http://www.mytime.net.au)**

[/mytimeaustralia](https://www.facebook.com/mytimeaustralia)



SUPPORTED BY  
Australian Government  
Department of Social Services



Parenting Research Centre  
raising children well

Please join  
us for  
**MY TIME**  
in 2020

- *Thurs 13 Feb – Mandala Drawing*
- *Thurs 27 Feb – activity TBC*
- *Thurs 12 March – Pasta Making*
- *Thurs 26 March – activity TBC*
- *Thurs 9 April – Easter Rocks*

***9:00am to 12noon***

***Harry's Place  
1 Willeroo Street, Tiwi***