

Who can have an Advocate?

You can have an Advocate from **IdA** if you live in the local area of Darwin or we can refer you to an Advocate in your Region with your specific needs in mind.

If you need to feel heard and be part of a decision

If you are a family member or carer of a person with disability. IdA is here to help!

Just phone: (08) 8948 5400



Integrated disAbility Action

A voice and support network for people with disability since 1996

What is Individual Advocacy?



Integrated disAbility Action (IdA) Inc

Nightcliff Community Centre

4/18 Bauhinia St. P O Box 645,

Nightcliff, NT 0814 PH: (08) 8948 5400

Email: office@idainc.org.au Web: www.idainc.org.au

Open from Mon - Thurs 8:30am to 4:30pm

IdA can help you with:

Finding Support Services

Family & Carer Matters

Information & Support

Referrals

Discriminatory Practice

Training & Education

Transportation

Housing

Community Access Concerns

IdA

IdA provides advice and support to people with disability. Free of Charge

IdA's aims

Through consultation with relevant stakeholders, to identify issues of interest for people with disability, their family members, carers and guardians

To champion for positive change on identified issues of interest, which may be specific to an individual, group of people and / or systemic in nature

To distribute information and promote public awareness of issues that impact people with disability through the development and publishing of resources for members and the broader community

To ensure that the views and opinions of people with disability, their family members, carers and guardians are represented on government and non-government organisations committees and boards, particularly those where decisions and policy directions are set that impact the lives of people with disability and those of their family members, carers and guardians.

How can an Advocate Help?



**THE
IMPORTANCE
OF FEELING
HEARD**

An Advocate can help you feel heard with your first and future plans. With the NDIS, your supports, your local council or government.



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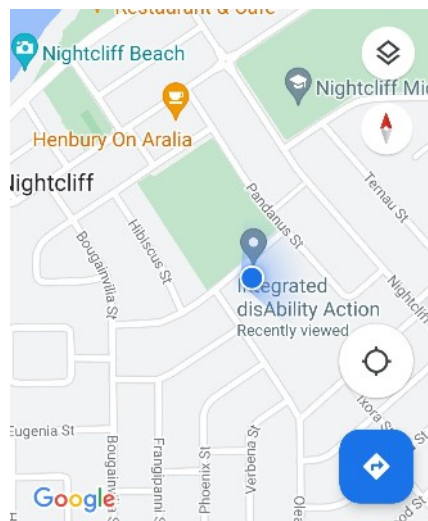


An Advocate can help you speak out and feel heard

IdA provides free and confidential service in the areas of **Individual** and **Systemic** Advocacy to people with disability, their carers, families or supports.

Whatever the issue or concern we can assist you by listening, helping you to help yourself, collecting information on your behalf, referring you to another service and supporting you with the other service.

Where to Find Us:



USEFUL LINKS:

National Disability Insurance Scheme:
www.ndis.gov.au
1800 800 110

National Disability Services
www.nds.org.au
1800 800 110

Department of Social Services
www.dss.gov.au
1300 653 227

Anti-Discrimination Commission
www.adc.nt.gov.au
1800 813 846

Disability Gateway
www.disabilitygateway.gov.au
1800 643 787

SupportLink
www.supportlink.com.au

NT Shelter/Shelter Me
www.shelterme.org.au

My Community Directory
www.mycommunitydirectory.com.au
1300 762 515

Family Violence and Sexual Assault
1 800 RESPECT
1800 737 732

This is a 24-hour national sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault.